



User Guide

Congratulations on
the purchase of your new

Zenki® Perch.

All Zenki products are designed to help users achieve stress free working postures but even the best ergonomic chair in the world can't do everything for you.

Spending just a few minutes getting to know your new chair and thinking about the way you sit will make a huge difference to how much you will enjoy this product.

That's why we've written this short guide to help you achieve the very best experience.

Zenki®

Good ergonomics at work



1. Seat Height

To alter the seat height lift the lever on the LEFT side as shown and release when at desired height.

The Zenki Perch is fitted with automatic braked locking castors - as soon as the user places weight on the seat pad it will become static making it safe for perching and for working at an elevated height.

2. Seat Tilt

The seat angle can be tilted to make perching more comfortable.

To alter the angle lift the lever on the RIGHT side as shown and release when at desired angle.



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