

reflex

Ergo (ISB) | synchro
 USER INSTRUCTIONS



1. Height adjustable ratchet back

Lift back via integral ratchet system. Lift the whole of the back and raise to desired position (six clicks to highest position). To reduce height, lift back to its highest level, and the back will return to its lowest position.

2. Seat Height

Lift lever to raise the seat. Lift lever and apply weight to lower the seat.

3. Seat Tilt

To adjust angle of the seat, lift lever. Push down to lock in position.

4. Tension

Pull out handle. Turn handle clockwise to increase tension to compensate for body weight, anti-clockwise to decrease.

5. Headrest (optional)

Lift up or push down headrest to adjust height. Tilt the headrest up or down to adjust the head rest angle.

6. Height Adjustable Arms

Press button on the outside of the arm and lift to the desirable height. Release button to lock in place. Push the button on the inside of the arm pad to adjust its position.

7. Back lock

To adjust back angle independently of the seat, lift lever. Push down to lock in position. Leave back unlocked for free float mode to encourage body movement

8. Seat Slide

Lift paddle and slide seat backwards or forwards to desired position.

7. Lumbar Support (optional)

Squeeze the bulb repeatedly under the seat to pump up the lumbar pillow in the backres to give additional lower back support. Press button to deflate.

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NOTES:

The **synchro mechanism** is only operated with one lever. Lift lever to adjust seat height. Push the lever forward when seated to open the mechanism into free float mode. Push back to lock seat and back in comfortable position. We suggest to leave the mechanism unlocked, in free float mode, to encourage more body movement.

