



YOUR COMFORT - TAKEN SERIOUSLY

01639 844500

Healthy Workstations Ltd  
62-64 COMMERCIAL STREET  
YSTALYFERA  
SA9 2HS



Let's Plan Together – Home or Office  
Showroom Appointments Available



THE  
BIGGEST  
DEALS

AT THE  
BEST  
PRICES



Full Installation & Delivery Service



design@healthyworkstations.com



01639 844500

## Aztec Accent

From  
£287.30



5 YR

- Multifunctional 4D arms.
- Synchro Mechanism
- Adjustable lumbar pad
- Breathable Mesh Back
- Black base with carpet castors
- Fabrics suitable for Domestic use



CODE	TYPE	PRICE
HW-ACCENT	4D Arms	£287.30 - Was: £338.00
SOFT-TYRES-SB	Soft Floor Tyres	£25.50 - Was: £40.00

More Optional Extra's available, please ring us for more options.

## Ergo Cosy Desk Footrest

**Measurements:**  
Width: 405mm  
Depth: 260mm  
Height: 140mm



### Information:

- Ideal for Home working!
- Ergonomically designed
- Promotes a healthy posture and improves circulation
- Can be flipped over and used as an ankle rocker
- Washable cover can be removed



12% OFF  
£37.84

CODE	TYPE	PRICE
AZFR13/A	Footrest	£37.84

Other options online: [www.healthyworkstations.com](http://www.healthyworkstations.com)

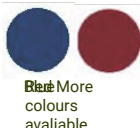
## Boston Mid-Back

5 YR

- Mid Back
- 3-lever, PCB mechanism
- Hand wheel back height adjustment
- Black base with carpet castors
- Height Adjustable Arms (Optional)



Only  
£111.75



More colours available

More Optional Extra's available, please ring us for more options.

CODE	ARM TYPE	PRICE
BOSTON-MB	No arms	£111.75 - Was: £149.00
HAA	Height Adjustable Arms	£29.25 - Was: £39.00

## Boston High-Back

5 YR

- Height Adjustable Arms
- High Back 2-lever, PCB mechanism
- Hand wheel back height adjustment
- Black base with carpet castors



Green  
More colours available

Only  
£144.75

More Optional Extra's available, please ring us for more options.

CODE	ARM TYPE	PRICE
BOSTON-HB	Height Adjustable Arms	£144.75 - Was: £193.00

## Boston Plus

5 YR

- Height Adjustable Arms
- Extra High Back
- 2-lever, PCB mechanism
- Hand wheel back height adjustment
- Black base with carpet castors



Only  
£150.00

Black Grey  
More colours available

More Optional Extra's available, please ring us for more options.

CODE	ARM TYPE	PRICE
BOSTON-PLUS	Height Adjustable Arms	£150.00 - Was: £200.00

## EasyTilt Footrest



Now Only  
£24.98

### Information:

- Sturdy platform
- Non-slip - 'O-Rings' ensure the platform remains firmly in place
- Heavy duty frame
- Non-marking surface

### Measurements:

- Width: 46 cm
- Length: 38 cm
- Height: 15 cm

CODE	TYPE	PRICE
AZFR1	Footrest	£24.98

Need more than one? Call for further discount.

Other options online: [www.healthyworkstations.com](http://www.healthyworkstations.com)

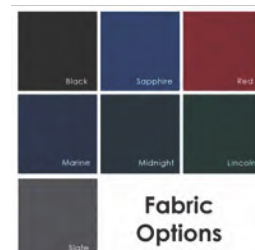
## Rocco

From  
£204.00

5 YR



- Breathable black mesh back rest as standard with options available.
- Large contoured seat.
- Height adjustable lumbar support.
- Seat slide as standard.
- Black spider base as standard.
- White frame option - call for details



Fabric Options



Rocco Arms

CODE	ARM TYPE	PRICE
ROCCO	No Arms	£204.00
ROCCO-ARMS	Rocco Arms	£24.00

More Optional Extra's available, please ring us for more options.





## Aztec Chant

From  
£262.65



3-Lever Mechanism



Headrest (Optional)



Coccyx Cut-out (Optional)



- Multifunctional arms
- Seat Slide as standard
- 3-lever independent mechanism
- Balanced movement
- Ratchet back and height adjustment • Inflatable Lumbar
- Black base with carpet castors
- Fabrics suitable for Domestic use



Fabric Options



CODE	ARM TYPE	PRICE
HW-AZTEC-CHANT	Multifunctional Arms	£262.65 - Was: £309.00

More colours and Optional Extra's are available. Please ring us for more options.

## WHY CHOOSE A CHAIR FROM US?

- HWS specialise in seating, with over 26yrs experience
- You can be confident that all our chairs meet DSE requirements
- Great Customer Service Support -help with technical advice
- Made to order so you can have exactly what you need, in a colour you love
- Opportunity to personalise with other comfort features
- British manufactured

Visit our website for more great products  
[www.healthyworkstations.com](http://www.healthyworkstations.com)



Est. 1997

## USK Deluxe 24/7 Chair

15% OFF  
£892.50

2  
YR



- Knee-tilt mechanism
- Bodyweight tension control
- Independent back rake angle adjustment
- Seat height adjustment
- 24 stone (152kg) weight capacity
- Ratchet back height adjustment
- Headrest with height and lateral adjustment
- Triple Air Cell Lumbar support
- Seat Slide

CODE	ARM TYPE	PRICE
USK-DELUXE-247	Adjustable arms, Headrest, fully upholstered	£892.50 - Was: £1050.00

## ARE YOU IN PAIN? NEED ADVICE?

Our trained specialists are here to help – **Call us or Chat Online**

You could visit our showroom (by appointment)

Or book a workplace assessment.

Find out more here

Need a DSE Assessment



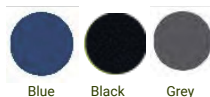
## SixtySix Mesh

Now Only  
£379.95

5  
YR



Mesh Model



Blue Black Grey  
More colours available

- Optional upholstered headrest (extra)
- Optional inflatable lumbar
- Choice of main upholstery and colour on seat
- Ratchet back height adjustment
- Multifunctional Arms as standard • Seat slide
- Soft padded seat
- Synchronised tilt mechanism
- Self-tensioning control • Chrome base
- Black mesh backrest • Seat edging in black as standard or optional matching fabric

CODE	TYPE	PRICE
SIXTY-SIX-MESH	Height Adjustable Arms	£379.95 - Was: £447.00
HEADREST	Headrest	£68.00 - Was: £80.00

More Optional Extra's available, please ring us for more options.

## SixtySix Upholstered

Only  
£433.50

5  
YR



Blue Black Grey  
More colours available

- Optional upholstered headrest (extra)
- Optional inflatable lumbar
- Choice of main upholstery and colour on seat
- Ratchet back height adjustment
- Multifunctional Arms as standard • Seat slide
- Soft padded seat
- Synchronised tilt mechanism
- Self-tensioning control
- Chrome base
- Black mesh backrest
- Seat edging in black as standard or optional matching fabric

CODE	TYPE	PRICE
SIXTY-SIX-UP	Height Adjustable Arms	£433.50 - Was: £510.00
HEADREST	Headrest	£68.00 - Was: £80.00

More Optional Extra's available, please ring us for more options.



# MILO DESKING

The welded double upright cantilever leg frame structure is powder coated for a stylish under frame and when combined with a 25mm melamine desktop ensures the strength and stability needed in commercial office furniture.

## Wood Finishes



Beech B Grey Oak GO Oak O Walnut W White WH

## NEW Wood Finishes



Grey Nebraska Oak NO Kendal Oak KO

## Frame Finishes



Silver S White WH Black K

## STRAIGHT DESK 600MM

- Straight desks with cantilever leg frame
- Single central cable port

SHOWN  
IN NEW  
FINISH

KENDAL  
OAK



FROM  
£130.00

CODE	WIDTH	DEPTH	PRICE
MC608	800mm	600mm	£130.00
MC610	1000mm	600mm	£150.00
MC612	1200mm	600mm	£158.00
MC614	1400mm	600mm	£164.00
MC616	1600mm	600mm	£174.00

Width  
600

## STRAIGHT DESK 800MM

- Straight desks with cantilever leg frame
- Two cable ports apart from MC8 & MC10 which only have single central cable port

SHOWN  
IN NEW  
FINISH

GREY  
NEBRASKA  
OAK



FROM  
£146.00

CODE	WIDTH	DEPTH	PRICE
MC8	800mm	800mm	£146.00
MC10	1000mm	800mm	£160.00
MC12	1200mm	800mm	£162.00
MC14	1400mm	800mm	£172.00
MC16	1600mm	800mm	£178.00
MC18	1800mm	800mm	£196.00

Width  
800

Please add frame colour followed by top finish when ordering e.g MC616 with silver frame in kendal oak = MC616KKO

Please add frame colour followed by top finish when ordering e.g MC18 with black frame in grey Nebraska oak = MC18KKO



## STRAIGHT DESK WITH FIXED PEDESTAL

- Rectangular desks with cantilever frame and two cable ports
- Fixed pedestal that can be fitted to the left or right



FROM  
£298.00

BLACK FRAME	SILVER FRAME	WHITE FRAME	WIDTH	DEPTH	PEDESTAL	PRICE
MC12P2K	MC12P2S	MC12P2WH	1200mm	800mm	2 drawer	£298.00
MC14P2K	MC14P2S	MC14P2WH	1400mm	800mm	2 drawer	£308.00
MC16P2K	MC16P2S	MC16P2WH	1600mm	800mm	2 drawer	£314.00
MC18P2K	MC18P2S	MC18P2WH	1800mm	800mm	2 drawer	£324.00
MC12P3K	MC12P3S	MC12P3WH	1200mm	800mm	3 drawer	£298.00
MC14P3K	MC14P3S	MC14P3WH	1400mm	800mm	3 drawer	£308.00
MC16P3K	MC16P3S	MC16P3WH	1600mm	800mm	3 drawer	£314.00
MC18P3K	MC18P3S	MC18P3WH	1800mm	800mm	3 drawer	£324.00

Please add top finish when ordering e.g MC12P2K in beech = MC12P2KB

## WAVE DESKS

- Wave desktop with cantilever leg frame
- Two cable ports



FROM  
£234.00

Width	CODE	WIDTH	PRICE
990 LEFT 800	MC14WL	1400mm Left hand	£234.00
	MC14WR	1400mm Right hand	£234.00
Width	MC16WL	1600mm Left hand	£240.00
800 RIGHT 990	MC16WR	1600mm Right hand	£240.00

Please add frame colour followed by top finish when ordering e.g MC16WR with silver frame in walnut = MC16WRSW

## ERGONOMIC DESKS

- Ergonomic left and right hand desks with cantilever frame and full leg return
- Two cable ports



SHOWN  
IN NEW  
FINISH

KENDAL  
OAK

FROM  
£208.00

Width	CODE	WIDTH	STYLE	PRICE
1200 LEFT 800	MC14EL	1400mm	Left hand	£208.00
	MC14ER	1400mm	Right hand	£208.00
600	MC16EL	1600mm	Left hand	£212.00
Width	MC16ER	1600mm	Right hand	£212.00
800 RIGHT 1200	MC18EL	1800mm	Left hand	£234.00
600	MC18ER	1800mm	Right hand	£234.00

Please add frame colour followed by top finish when ordering e.g MC16ER with white frame in kendal oak = MC16ERWHKO

## ERGONOMIC DESK WITH PEDESTAL

- Ergonomic desks with cantilever frame and full leg return and desk high pedestal
- Two cable ports



BUNDLE  
DEAL

FROM  
£344.00

BLACK FRAME	SILVER FRAME	WHITE FRAME	WIDTH	PRICE
EBK14L	EBS14L	EBWH14L	1400mm left hand	£344.00
EBK14R	EBS14R	EBWH14R	1400mm right hand	£344.00
EBK16L	EBS16L	EBWH16L	1600mm left hand	£346.00
EBK16R	EBS16R	EBWH16R	1600mm right hand	£346.00
EBK18L	EBS18L	EBWH18L	1800mm left hand	£392.00
EBK18R	EBS18R	EBWH18R	1800mm right hand	£392.00

Please add top finish when ordering e.g EBS16R in grey oak = EBS16RGO

## STRAIGHT DESK WITH MOBILE PEDESTALS

- Rectangular desk with cantilever frame and two cable ports
- Two or three drawer mobile pedestal options



BUNDLE  
DEAL

FROM  
£280.00

BLACK FRAME	SILVER FRAME	WHITE FRAME	WIDTH	PEDESTAL	PRICE
SBK212	SBS212	SBWH212	1200mm	2 drawer	£280.00
SBK214	SBS214	SBWH214	1400mm	2 drawer	£290.00
SBK216	SBS216	SBWH216	1600mm	2 drawer	£300.00
SBK312	SBS312	SBWH312	1200mm	3 drawer	£280.00
SBK314	SBS314	SBWH314	1400mm	3 drawer	£290.00
SBK316	SBS316	SBWH316	1600mm	3 drawer	£300.00

Add frame colour and top finish when ordering e.g SBS216 with white frame in white = SBS216WHWH

## STRAIGHT DESK 800MM WITH STEEL PED

- Straight desks with silver cantilever leg frame
- Three drawer silver steel pedestal with 1 anti-tilt castor



BUNDLE  
DEAL

FROM  
£260.00

CODE	WIDTH	DEPTH	PEDESTAL	PRICE
SBS12	1200mm	800mm	3 drawer	£260.00
SBS14	1400mm	800mm	3 drawer	£270.00
SBS16	1600mm	800mm	3 drawer	£280.00

Add frame top finish when ordering e.g SBS12 with in beech = SBS12B

## MILO PREMIUM ELECTRIC DESK

- Single straight desks 800mm deep with adjustability from 650mm-1250mm
- Powerful twin motors raise and lower the desktop at a 39db noise level

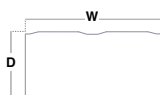


FROM  
**£490.00**

Premium  
Twin  
Motors

I'M  
HEIGHT  
ADJUSTABLE

CODE	WIDTH	DEPTH	HEIGHT	PRICE
EVT-1200	1200	800	650-1250	£490.00
EVT-1400	1400	800	650-1250	£500.00
EVT-1600	1600	800	650-1250	£510.00



Please add frame colour followed by top finish when ordering e.g **EVT-1200** with silver frame in white with oak edge = **EVT1200-S-WO**

## MILO PREMIUM ELECTRIC DESK + RETURN

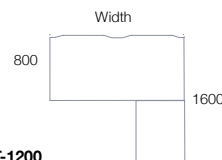
- Rectangular desks 800mm deep complete with 800mm return desk
- Return can be fitted to either side of desk to extend the sit-stand working area



FROM  
**£840.00**

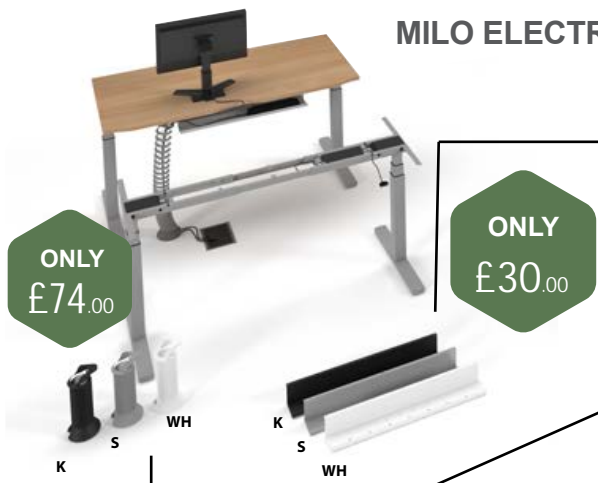
I'M  
HEIGHT  
ADJUSTABLE

CODE	WIDTH	DEPTH	HEIGHT	PRICE
EVTR-1400	1400	800	650-1250	£840.00
EVTR-1600	1600	800	650-1250	£890.00



Please add frame colour followed by top finish when ordering e.g **EVT-1200** with black frame in oak = **EVT1200-K-O**

## MILO ELECTRIC DESK ACCESSORIES



### UPPER CABLE TRAY

- For use with Milo Premium and Milo Sit-Stand Desks

CODE	WIDTH	DEPTH	HEIGHT	PRICE
EV-UCC	800	100	100	£30.00

### VERTICAL CABLE SPIRAL

- For use with Milo Premium and Milo Sit-Stand Desks

CODE	WIDTH	DEPTH	HEIGHT	PRICE
EV-SN	80	80	150-1300	£74.00

The ability to sit and stand during the average working day has huge health benefits to the user, helping to burn calories, boost energy levels, improve posture and promote mental well-being.

UNIVERSAL  
FITTING  
FOR ALL  
ELECTRIC  
DESKS

NOT SURE  
WHAT YOU  
NEED?  
**CALL US**

## MILO SIT-STAND DESK

- Single straight desks 800mm deep scallop top with 70kg weight load
- The single motor adjusts the desktop height from 685mm to 1185mm
- 2 year warranty



FROM  
**£363.00**

I'M  
HEIGHT  
ADJUSTABLE

Single  
Motor



### Wood Finishes



### Frame Finishes



CODE	WIDTH	DEPTH	PRICE
EVE-1200	1200	800	£363.00
EVE-1400	1400	800	£375.00
EVE-1600	1600	800	£385.00

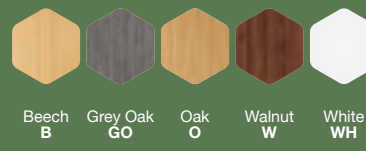
Please add frame colour followed by top finish when ordering e.g **EVE-1200** with silver leg in beech = **EVE-1200-S-B**



# WOODEN STORAGE

Offering versatile and practical storage solutions, our primary and secondary storage solutions will keep your office organised and looking neat and tidy.

## Wood Finishes



## NEW Wood Finishes



## PEDESTALS

- 5 Year warranty
- Designed & manufactured in the UK
- Lockable drawers
- Filing drawer accepts both A4 and foolscap

**BEST SELLER**

**FROM  
£136.00**

GREY  
NEBRASKA  
OAK

SHOWN  
IN NEW  
FINISH



R2M



TMP



R25DH8

CODE	DESCRIPTION	PRICE	CODE	DESCRIPTION	PRICE
R2M	2 Drawer mobile	£136.00	TNMP	Tall narrow mobile	£214.00
R3M	3 Drawer mobile	£136.00		300mm wide, 600mm deep, 630mm high	
	426mm wide, 600mm deep, 567mm high				
			R25DH6	600mm deep	£164.00
TMP	Tall mobile	£194.00	R25DH8	800mm deep	£190.00
	426mm wide, 600mm deep, 630mm high			426mm wide, 725mm high	

## FILING CABINETS

- 5 Year warranty
- Designed & manufactured in the UK
- 2, 3 & 4 drawer options
- Lockable drawers
- Filing drawer accepts both A4 and foolscap



CODE	DESCRIPTION	HEIGHT	PRICE
LF2	2 Drawer filing	730mm	£196.00
LF3	3 Drawer filing	1045mm	£272.00
LF4	4 Drawer filing	1360mm	£284.00
	480mm wide, 655mm deep		

**FROM  
£196.00**

## WOODEN TAMBOURS

- 5 Year warranty
- Designed & manufactured in the UK
- Adjustable shelves with fixed central shelf on larger unit
- Lockable door

**FROM  
£400.00**



CODE	HEIGHT	SHELVES	PRICE
R1090TC	1090mm	2	£400.00
R2140TC	2140mm	5	£540.00

W:800mm x D:470mm with shelves

## BOOKCASES / CUPBOARDS

- 5 Year warranty
- Designed & manufactured in the UK
- Adjustable shelves with fixed central shelf on larger unit
- Lockable door

**FROM  
£140.00**

KENDAL  
OAK

SHOWN  
IN NEW  
FINISH



CODE	HEIGHT	SHELVES	PRICE
R740	740mm	1	£140.00
R1090	1090mm	2	£152.00
R1440	1440mm	3	£172.00
R1790	1790mm	4	£182.00
R2140	2140mm	5	£202.00

W:800mm x D:470mm with shelves

CODE	HEIGHT	SHELVES	PRICE
R740D	740mm	1	£174.00
R1090D	1090mm	2	£178.00
R1440D	1440mm	3	£206.00
R1790D	1790mm	4	£216.00
R2140D	2140mm	5	£262.00

W:800mm x D:470mm with shelves



# STEEL STORAGE

Our steel storage range provides high quality, stylish and robust furniture for demanding working environments.



## FILING CABINETS

- Not available in silver
- 35kg drawer capacity
- Anti-tilt drawers for foolscap filing
- Fully lockable drawers supplied with two keys
- 7 year warranty

FROM  
£196.00



CODE	DESCRIPTION	HEIGHT	PRICE
DCF2	2 Drawer filing	711mm	£196.00
DCF3	3 Drawer filing	1016mm	£224.00
DCF4	4 Drawer filing	1321mm	£244.00

470mm wide, 622mm deep



## CUPBOARDS

- Not available in silver
- 400mm deep supplied with adjustable shelves
- Fully lockable doors
- 7 year warranty

FROM  
£250.00



CODE	HEIGHT	SHELVES	PRICE
DSC40	1000mm	1	£250.00
DSC72	1806mm	3	£324.00

914mm wide, 400mm deep



## STEEL TAMBOURS

- 470mm deep supplied with no shelves
- Sliding double tambour with fully lockable doors
- 7 year warranty

FROM  
£412.00



CODE	HEIGHT	PRICE
DST40	1000mm	£412.00
DST65	1570mm	£476.00
DST78	1970mm	£480.00

DSTS Shelf (black)  
1000mm wide, 470mm deep without shelves



## STEEL PEDESTALS

- Two shallow drawers and one filing drawer for both A4 and foolscap files
- 5th castor on drawer front for anti-tilt
- Fully lockable drawers
- 5 year warranty

FROM  
£158.00



CODE	DESCRIPTION	PRICE
MP3	Wide 391mm	£158.00
MPN3	Narrow 300mm	£168.00

545mm deep, 565mm high



### Space Planning Service

If you are doing an office fit-out, we can provide a **CAD design, Planning, and Installation** service.

We may even be able to dispose of your old furniture through **Recycling** initiatives.

Promotion subject to availability. Products may be withdrawn at any time.



01639 844500



design@healthyworkstations.com