



Change the way you work!

The VARIDESK is an affordable solution for those looking for an adjustable desk. You can easily change between sitting and standing positions throughout the day using the convenient handles on either side.

Features:

- Different sizes available for single, dual or multiple monitors
- 'Plus' models offer a lifting keyboard tray
- Work comfortably either sitting or standing
- Spring-assisted lift - Switch from sitting to standing position in just 3 seconds!
- Quick and easy set up
- Delivered fully assembled
- Fits most desks in any office or cube
- Free companion app gives you sit and stand alerts

This revolutionary platform is affordable and easy to use, allowing you to work either sitting or standing. It's the perfect way to increase your energy, your health, and your productivity. Studies prove that standing up for part of the workday can increase your calorie burn and raise your energy levels, metabolism, and productivity. Plus, it can reduce your risk factors for diabetes, high blood pressure and cardiovascular disease.

Varidesk Pro 30

Varidesk Pro 30

For single monitors

- Holds up to 16.33 kg (36 lbs) of weight
- Work surface width : 41.4 cm (36 inches)
- Work surface depth: 50.8 cm (20 inches)
- Keyboard surface width: 41.1 cm (36 inches)
- Keyboard surface depth: 50.8 cm (20 inches)
- Product Height (Flat): 17.8 cm (7 inches)
- Product Width (flat): 96.5 cm (38 inches)
- Product Depth (flat/extended): 76.2 cm (30 inches)
- Product Height (Extended): 39.4 cm (15.5 inches)
- Product Width (Extended): 96.5 cm (38 inches)



See website for full details and prices



Varidesk Pro 36

For dual screen monitors

- Holds up to 15.9 kg (35 lbs) of weight
- Work surface width : 41.4 cm (36 inches)
- Work surface depth: 50.8 cm (20 inches)
- Keyboard surface width: 41.1 cm (36 inches)
- Keyboard surface depth: 50.8 cm (20 inches)
- Product Height (Flat): 17.8 cm (7 inches)
- Product Width (flat): 96.5 cm (38 inches)
- Product Depth (flat/extended): 76.2 cm (30 inches)
- Product Height (Extended): 39.4 cm (15.5 inches)
- Product Width (Extended): 96.5 cm (38 inches)

See website for full details and prices



Varidesk Pro Plus 30

All the great features of the Varidesk Pro 30 but with a lifting keyboard tray to ensure ergonomic comfort for your arms and shoulders whether sitting or standing.

- Holds up to 16.33 kg (36 lbs) of weight
- Work Surface Width (inc keyboard surface): 76.2 cm (30 inches)
- Work surface Depth (inc keyboard surface): 68.6 cm (27 inches)
- Product Height (Flat): 10.8 cm (4.25 inches)
- Product Width (flat/extended): 76.2 cm (30 inches)
- Product Depth (Flat): 67.9 cm (26.75 inches)
- Product Height (Extended): 45.7 cm (18 inches)
- Product Depth (Extended): 99.1 cm (39 inches)
- Keyboard Height (Extended): 35.6 cm (14 inches)

See website for full details and prices



Varidesk Pro Plus 36

All the great features of the Varidesk Pro 36 but with a lifting keyboard tray to ensure ergonomic comfort for your arms and shoulders whether sitting or standing.

Measurements:

- Holds up to 15.87 kg (35 lbs) of weight
- Work surface width (inc keyboard surface): 91.4 cm (36 inches)
- Work surface depth (inc keyboard tray): 68.9 cm (27 inches)
- Keyboard surface Height: 35.6 cm (14 inches)
- Product Height (flat): 10.8 cm (4.25 inches)
- Product Depth (flat): 67.9 cm (26.75 inches)
- Product Height (extended): 45.7 cm (18 inches)
- Product Depth (extended): 99 cm (39 inches)

See website for full details and prices



Varidesk Pro Plus 48

For large or multiple monitors with and a lifting keyboard tray to ensure ergonomic comfort for your arms and shoulders whether sitting or standing.

Measurements:

- Holds up to 20.4 kg (35 lbs) of weight
- Work surface size: 120.65 cm x 75.565 cm (keyboard tray and desk)
- Holds up to 20.41 kg
- Product Weight – 27.306 kg
- Product dimension (flat): 11.43(h) x 121.92(w) x 75.565(d) cm
- Product extended dimension: 44.768(h) x 121.92(w) x 105.41(d) cm
- Max extension height: 44.768 cm (desktop) & 35.56 cm

See website for full details and prices





Instructions & Advice for use

The Varidesk is a new concept in sit/stand working and we thought that it would be helpful to put together some practical guidelines that you should consider.

Unpacking

The Varidesk works straight from the box and although it does not require tools or assembly you do need to consider manual handling issues. We would always recommend that two people should lift and carry the packaged desk. Instructions are included in the box and there are pictograms on the outer box advising the best way to handle the item.

Ensure that you have the box the right way up before you remove the Varidesk from its outer case. The item is very well packed and we would suggest that you take note of how it was organised in case you need to return the item, or for future storage of the desk to keep it safe.

Setting up

The Varidesk should be placed upon the original desk so that its base is fully supported, even when the lower platform is pulled forward (Not applicable to 'Plus' models).

Test out the raising mechanism, before setting up any IT equipment, so that you understand the range of movement and heights that can be achieved.

Place one foot forward for balance, reach your hands either side of the Varidesk worktop and squeeze the handles upward, to touch the underside of the worktop whilst applying your weight so that the desk raises in a controlled manner. Release the handles and gently push the desktop downward, to ensure that it is locked in place.

There are several height settings and so it is worth testing out all the options, and to practise raising and lowering the Varidesk, to become confident in its use.

Consider IT Equipment

- Length of leads to electrical output and any internal system/server cabling
- Position of the processor unit (CPU or thin client such as WISE box). Adding weight to the Varidesk raising platform will make it more difficult to raise. We would not recommend placing a standard CPU on the Varidesk. You also need to comply with the maximum weight load advice provided by the manufacturer. See packaging note for details.
- Weight of your monitor(s). Some screens are much lighter than others. Remember, these will be placed toward the rear of the Varidesk placing the weight furthest away from you when controlling the lift action.
- To reduce the problem with tangled or short leads we would recommend the use of cordless keyboards and mice, wherever possible. You may also consider use of a Short or Mini style keyboard (without numeric pad) to maximise useable space.

Please do not hesitate to contact us for further advice

